# RISTORANTE DIPORTISTA

## **Appetizers**

Mussel soup with coconut milk, coriander, ginger, chili and lime (7,9,14)	€ 14,00
Steamed prawns with passion fruit, edible flowers and basil oil (2)	€ 16,00
Fried Milanese anchovies with squacquerone cheese, sun-dried tomatoes, curly parsley chlorophyll (1, 3, 7, 12)	€ 14,00
Yellowfin tuna tartare with guacamole and red coral (4)	€ 17,00
Miraflores de Ombrina ceviche with cilantro, faux Aperol caviar, lemongrass, corn, ginger and dried flowers (4)	€ 18,00
Mediterranean Crudo (Scampi, Red Prawns, Shrimp and Sea Bass) (2, 4)	€ 35,00



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### First dishes

Gragnano vermicelli pasta with raw red shrimp from Mazara del Vallo, red martini, tarragon, strawberry water (1, 2, 9, 14)	€ 18,00
Egg pacchero with prawns, seaweed pesto and toasted pine nuts (1, 2, 9)	€ 17,00
International Carnaroli Risotto with shrimp, saffron, soy caviar and cress veins (1, 2, 6, 9)	€ 22,00
Squid ink fettuccine with Tyrrhenian tsunami (1, 9, 14)	€ 17,00
Linguine with sea bass ragout, Sorrento lemon, anchovy colatura and Sicilian mollicata (1, 4, 9, 14)	€ 16,00



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### Main dishes

Pan-fried mullet, crispy greens and saffron sauce (1, 4, 9, 14)	€ 22,00
Shrimp cooked at low temperature with chard, shiitake mushrooms, ponzu sauce and sesame veil (4, 6, 9, 11, 12, 13)	€ 23,00
Yellowfin tuna with baked fennel, orange, cinnamon and Cointreau (4, 9, 14)	€ 25,00
Octopus tentacle with heart of palm, sea lettuce and salmoriglio	€ 23,00
Fried local squid and shrimp gobies (2, 14)	€ 18,00



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### **Sweets**

Raspberry heart with Brisè and rhubarb coulis (1, 3, 7)	€ 8,00
Chaja uruguayo (sponge, peaches in syrup, meringue, cream, dulce de leche and mint) (1, 3, 7)	€ 8,00
Mojito and celery parfait (3, 7, 9)	€ 8,00
Cupcake with a warm chocolate heart cream and dulce de leche (3, 7, 8)	€ 8,00
Lemon sorbet (3, 6, 7, 8, 13)	€ 6,00
Pineapple Sliced	€ 7,00



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### **Soft drinks**

Natural water	€ 3,00
Sparkling water	€ 3,00
Caffè	€ 2,00
Coca Cola/ Coca Cola zero	€ 3,00
Fanta	€ 3,00
Bread	€ 3,00 pp

### Food allergens

#### 1. GLUTEN

Cereals, wheat, rye, barley, oats, spelt, kamut, including hybrid derivatives.

#### 2. CRUSTACEANS

Marine and freshwater: shrimps, prawns, lobsters, crabs and similar.

#### 3. EGGS AND EGG PRODUCTS

Eggs and products containing them, mayonnaise, emulsifiers, egg pasta.

#### 4. FISH

Food products in which fish is present, even if in small percentages.

#### 5. PEANUTS AND DERIVATIVES

Packaged snacks, creams and sauces in which peanuts are present, even in small amounts

#### 6. SOY

By-products such as: soya milk, tofu, soya noodles and similars.

#### 7. MILK AND MILK PRODUCTS

Products containing milk: yoghurt, biscuits, cakes, ice cream and various creams.

#### 8. NUTS

Almonds, hazelnuts, common, cashew and pecan nuts, peanuts and pistachios.

#### 9. CELERY

Both in pieces and in preparations for soups, sauces and vegetable concentrates.

#### 10. SENAPE

Can be found in sauces and condiments, especially in mustard.

#### 11. SESAME

Internal seeds used for bread, flour, although they contain them in a small percentage.

#### 12. SULPHUR DIOXIDE AND SULPHITES

Foods in vinegar, oil and brine, jams, dried mushrooms, preserves etc.

#### 13. LUPINS

Present in vegan foods in the form of roasts, sausages, flours and similar.

#### 14. MOLLUSCS

Scallops, razor clams, scallops, mussels, oysters, limpets, clams, tellins, etc.